



# "Up and Running with Coordinated School Health"

You've heard about it, have things in place, but where do you go from here???



Announcing: Regional Workshops for all Indiana School Corporations and their Coordinated School Health Advisory Councils, presented by  
**Coordinated School Health Partners, LLC.**

**"Ready, Set, Go"** regional workshops will be held in fall 2009. They are a continuation of the Coordinated School Health 101 – Getting Started in School Health workshops many Indiana school corporations attended in 2007-2008.

**Coordinated School Health Partners** offers an opportunity to learn from three of Indiana's most experienced Coordinated School Health professionals: Kristin Rodick Oles, Suzanne Crouch, and Dona Roberts. CSHPartners offers one-on-one support, advice, and guidance to school corporations and Coordinated School Health Advisory Councils.

**Who should attend:** It is strongly encouraged that you bring a 3 person team. Team members might include: someone from the established CSHP Advisory Council and those interested in being a part of the CHSP team...for instance: ♦school administrators ♦ school board members ♦ health care professionals and school nurses ♦ nutritionist or certified dietitians ♦ students ♦ food service directors ♦ parents ♦ health educators ♦or physical educators

**Time:** 9:00am - 3:00pm, EST (8am – 2pm, CST for Northern and Southern regions)

**Fee:** \$175 for the first participant and \$100 for each additional participant from the same corporation (Includes continental breakfast, lunch and materials valued at more than \$150 .)

**Registration:** More information, including registration at:  
<http://sites.google.com/site/cshppartners>

#### At the end of this workshop participants will :

- Understand CSHP, the process, and how it can improve academic achievement.
- Be able to sell the CSHP concept to decision makers and stake holders in their school and community.
- Identify individuals in the school and community who should be a part of the *CSH Advisory Council*.
- Understand and be able to articulate the role and tasks of the CSHP Advisory Council.
- Have a working knowledge of the process...assessment, developing priorities, SMART goals and objectives, and division of tasks.
- Conduct process and summative evaluations that determine: Did you do what you said you would do? Did it make a difference? Make adjustments to your plan.
- Understand the importance of celebrating success!

#### Central:

Fort Harrison State Park, Indianapolis  
September 24, 2009 9a-3p  
**Deadline: Sept 14, 2009**

#### Northern:

Cristo's Banquet Center, Plymouth  
October 7, 2009 9a-3p, EST (8a-2p, CST)  
**Deadline: Sept 28, 2009**

#### Southern:

Jasper High School, Jasper  
October 27, 2009 9a-3p, EST (8a-2p, CST)  
**Deadline: Oct 16, 2009**

School Corporation: \_\_\_\_\_ City: \_\_\_\_\_

Workshop (circle one)

Central  
Sept. 24, 2009

Northern  
Oct 7, 2009

Southern  
Oct 27, 2009

Registrant 1 Name: \_\_\_\_\_ Position: \_\_\_\_\_

Contact's Email Address: \_\_\_\_\_

Registrant 2 Name: \_\_\_\_\_ Position: \_\_\_\_\_

Registrant 3 Name: \_\_\_\_\_ Position: \_\_\_\_\_

Method of Payment (circle one)

Check

Purchase Order

Check/PO #: \_\_\_\_\_

**Total Amount Enclosed:** \_\_\_\_\_  
(\$175 for the first person, \$100 for each additional.  
Includes 1 Healthy School Report Card per Corporation)

Please complete and return to [cshpartners@yahoo.com](mailto:cshpartners@yahoo.com) or mail to: CSHPartners  
6925 N County Road 550 E  
Brownsburg, IN 46112

\*\*\*Enrollment confirmation will be mailed upon receipt